ARCHERY CRITIC.

Your first bow.

A fitting record to take to the shop.

Use with an instructor or fitter. Record the setup you actually tried before comparing complete quotes.

- [ ] Describe the sessions or discipline I want to try.
- [ ] Confirm what I can borrow before buying.
- [ ] Discuss handedness, eye dominance and any access needs.
- [ ] Have draw measurements and a manageable weight checked.
- [ ] Identify the exact bow, limb option and fitted setting.
- [ ] Ask who will fit, tune and recheck the setup.

Goal / next session

Bow model / limb option / handedness

Draw measurement / measured weight / units

Arrows and accessories: included / extra / borrowed

Complete quote / fitting and instruction included

Open questions / next appointment

A published draw range is not a personal fitting. This record is not a shooting test or a model recommendation.

Sources checked October 29, 2026. Source titles below are clickable in this PDF.
USA Archery: Try Archery
Lancaster Archery Supply: How to Choose Your First Bow

Review-edition guide: archerycritic.com/guides/choosing-your-first-bow/

ARCHERY CRITIC.

Record the arrow build.

Gather the inputs before selecting a spine.

Complete with a fitter using the current instructions for the exact shaft family. Leave unknown inputs unresolved.

- [ ] Confirm the fitted bow configuration.
- [ ] Record measured draw weight and how it was measured.
- [ ] Have an appropriate arrow cut length checked by the shop.
- [ ] Use the maker's definition of length and keep the units.
- [ ] Identify point, insert, nock and fletching configuration.
- [ ] Confirm the complete build before ordering or cutting.

Bow model / style / fitted configuration

Measured draw weight / method / units

Shop-confirmed arrow cut length / definition

Shaft maker / family / candidate spine

Point / insert / nock / fletching

Selector URL / version or date / result / fitter check

This sheet does not calculate a spine or cutting length. Do not substitute draw length for arrow cut length.

Sources checked October 29, 2026. Source titles below are clickable in this PDF.
Easton arrow selector
Easton Archery: Arrow FAQ

Review-edition guide: archerycritic.com/guides/choosing-arrow-spine/

ARCHERY CRITIC.

Plan the next session.

A target-archery conversation with your club.

Choose a lesson or practice plan before a shopping list. Use the club's actual format and current event rules.

- [ ] Confirm instruction, booking, cost and equipment availability.
- [ ] Ask which bow styles I can try.
- [ ] Discuss access needs and indoor or outdoor sessions.
- [ ] Record fitting notes with the instructor.
- [ ] If competing, identify the event, division and current rules.
- [ ] Mark proposed purchases as needed now, borrowed or deferred.

Goal / club / next session

Equipment to try / equipment provided

Fitting notes / measurements / units

Event / division / current rule source, if relevant

What I tried / one observation

One next action / questions for the coach

This is a planning sheet, not an equipment eligibility check. Confirm venue details directly with the club.

Sources checked October 29, 2026. Source titles below are clickable in this PDF.
USA Archery: Try Archery
USA Archery: Adult Archery

Review-edition guide: archerycritic.com/guides/starting-target-archery/