ARCHERY CRITIC.

# Your first bow.

## A fitting record to take to the shop.

Use with an instructor or fitter. Record the setup you actually tried before comparing complete quotes.

- [ ] Describe the sessions or discipline I want to try.
- [ ] Confirm what I can borrow before buying.
- [ ] Discuss handedness, eye dominance and any access needs.
- [ ] Have draw measurements and a manageable weight checked.
- [ ] Identify the exact bow, limb option and fitted setting.
- [ ] Ask who will fit, tune and recheck the setup.

Goal / next session

Bow model / limb option / handedness

Draw measurement / measured weight / units

Arrows and accessories: included / extra / borrowed

Complete quote / fitting and instruction included

Open questions / next appointment

A published draw range is not a personal fitting. This record is not a shooting test or a model recommendation.

Sources checked October 29, 2026. Source titles below are clickable in this PDF.
USA Archery: Try Archery
Lancaster Archery Supply: How to Choose Your First Bow

Review-edition guide: archerycritic.com/guides/choosing-your-first-bow/